

# Welcome to The Escape Spa

Escape Spa welcomes you to peaceful relaxation and healing of the mind, spirit, and body.

Escape Spa is surrounded by a large variety of trees and the location is suitable for relaxation in one of the best hotel Spa.

Release all the strains and stress from your daily life. Our Eastern philosophy is deeply embedded in the therapies and Asian herbs are induced in the oils and essences to ensure lasting effects and instant rejuvenating experiences.

Our professional team of Therapists with Khun Tata at the helm will accompany you as you embark on a journey of joy and release through our treatments from traditional Thai massage as well as a wide

selection of soothing massages to beauty treatments of body and facial, to meditation and more.

The Escape Spa exudes passion, authenticity and heritage of old Siam entwined with the gentle caring manner and professionalism of our selected therapists to create a haven of calm and health for all the senses. You will embrace the bliss and treasure the experience.

Our Escape Spa is certified by the Ministry of Public Health.

Escape Spa



"Standard of Service World Class Thai Spa Certified by Ministry of Public Health



# The Signature Experience

#### Escape Fusion Massage



90 min / THB 2,100 net

Our signature massage combination various massage techniques to loosen tight muscles and reduce fatigue whilst improve circulation.

#### Leelawadee Body Scrub



60 min / THB 1,400 net

Our signature skin softening body exfoliation combines Thai herbal with leelawadee essential oils with fresh leelawadee flowers to leave your skin nourished, smooth, and supple.

#### Leelawadee Facial



60 min / THB 1,400 net

Our signature facial will provide you with what you always desired. Using Thai herbs and leelawadee, the treatment starts with an exfoliation and a facial massage to restore hydration. From there our therapists will gently apply a mask with a deliciously foamy texture, efficiently releasing its moisturizing, soothing and revitalizing effects on the skin to provide a radiant and

luminous appearance.

## Leelawadee Signature Package



2.5 Hrs. / THB 2,600 net

A thorough, unrivalled tension and stress relieving journey based on the magical effects of the Leelawadee. You will start by diving deeply into relaxation with herbal steam and continue with a Leelawadee scrub, the perfect combination to purify your skin. You will finally completely drift away with our Fusion massage relieving all trace of aches and pains. Your entire body will feel loosened, rested, and rejuvenated

Herbal steam 30 min Leelawadee body scrub 60 min Signature massage 60 min







# The World of Massage

A perfect massage for stress relief focusing on the back, neck, and shoulder to relax tension filled areas.

#### Anti-Stress



30 min / THB 700 net

This specially developed massage fosters a happy and healthy development both physically and emotionally for children aged 3-12 years old. Ideal for reducing stress and improving concentration of the younger ones, our therapists will use natural oil during the whole body massage performed with gentle pressure.

### Children Massage



45 min / THB 700 net

Prepare your feet for an exceptional journey! Reflexology is a truly unique therapeutic method of relieving pain by stimulating predefined pressure on the feet. It brings about balance where there is imbalance, stimulates the body's natural self – healing abilities and alleviates pain.

## Foot Reflexology



45 min / THB 800 net

### Tension Relief Head Massage

A cocktail of essential oils is massaged into the head to revitalize the scalp and condition the hair. This specialized treatment is ideal for those who suffer severe and frequent headaches and migraines. Through the soothing properties of only the highest quality aromatherapy blends and pressure point manipulation, this treatment is sure to relax you, improve circulation and ease away tension.



45 min / THB 800 net



# The World of Massage

#### Aromatic Massage



60 min / THB 1,400 net

Indulge yourself in the ancient practice of combining aromatherapy and massage for the perfect treatment. Choose from one of our unique aromatherapy blends with various benefits to fit your individual needs and let it please your soul.

#### Pregnancy Nurturing Massage



60 min / THB 1,400 net

The nine-month journey is a special time; connecting with the mother through the power of touch, working with two heartbeats as one. Combines tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. A completely relaxing full body massage to relax those specific lower back muscles that are carrying that beautiful bump.

#### Sport Massage



60 min / THB 1,700 net

This intense massage uses deep, deliberate strokes to separate and lengthen your muscle fibers. Focusing on your back and shoulders this massage is great for muscular tension and spasms due to athletic activities stress or overwork.

#### Thai Massage



60 min / THB 1,100 net 90 min / THB 1,300 net

A full body treatment, holistically approached, treating body, mind, and spirit. This smoothing, rhythmic and flowing treatment is based on ancestral gentle Thai stretching techniques and acupressure massage. Our Thai massage will stimulate your energy meridians and create a sense of pure relaxation and warm exotic relief.







# The World of Massage

A combination of Thai massage and traditional herbs in a cotton poultice that is applied directly to the body. Through massage, the herbs will gently relax your muscles while easing nasal distress.

### Thai Herbal Compress



90 min / THB 1,700 net

Melt tension away with a hot stone massage using smooth, heated basalt stones and aroma oil. The warm stones are placed on tension-prone areas that will be soothed with just the right amount of pressure to encourage muscles to warm up, relax and replace your positive energy (Chakra).

#### Hot Rock Massage



60 min / THB 1,500 net 90 min / THB 2,100 net

An invigoration and relaxing massage to reduce stress and soothe sore muscles while refining circulation

### Swedish Massage



60 min / THB 1,400 net 90 min / THB 1,900 net



# **Body Scrub**

A scrub is a body exfoliating treatment which is best performed before a body wrap or body massage. It is designed to exfoliate and silken the entire body. The treatment ends with a shower or bath to rinse off the product's residue followed by a lotion massage leaving your skin velvety soft.

#### Green Tea Scrub



60 min / THB 1,400 net

Green tea is not only one of the most consumed beverages in the world, it is also renowned for its moisturizing effects. Be wrapped by its natural smell and let the antioxidants do the rest. This body scrub will boost your cell regeneration, leaving will with a warm feeling of juvenescence.

#### Herbal Scrub



60 min / THB 1,400 net

Relax as warm oil and herbal salt combination provides a deep cleansing treatment designed to exfoliate and revitalize the skin and body by enhancing circulation and aiding digestion.

#### Samui Coconut Scrub



60 min / THB 1,400 net

A body scrub especially made from Koh Samui coconuts and its natural qualities. Our therapists will use coconut and oil shells to exfoliate and purify your skin while elating your senses with its natural perfume.

### Lavender Body Scrub



60 min / THB 1,400 net

Use one of the symbols of love to take care of yourself. Exfoliate your skin while being surrounded with the fresh smell of lavender, what a better way to rise and shine







# Body Wrap

A wrap starts with the application of nourishing natural products over the entire body before being wrapped in a warm cocoon to allow the skin to fully absorb its therapeutic benefits.

#### Evening Primrose Soybean Wrap



60 min / THB 1,400 net

The perfect treatment to pamper your skin.
The natural products of our wrap will not only
moisturize and nourish your skin, it will also
completely rehydrate it, leaving it rose-petal fresh.

## Asian White Clay Wrap



60 min / THB 1,400 net

This revitalizing treatment utilizes Asian White Clay to heal, soothe and rejuvenate dull and tired skin. Warm clay is applied to the body before being wrapped in warm blankets and finally massaged with essential oils of juniper, rosemary and lavender.

### After Sun Body Wrap



60 min / THB 1,200 net

A beautiful herbal remedy seeking cell regeneration, synthesis of collagen, elastin, and keratin. Based on fresh cucumber, aloe vera and honey mixed together, this replenishing wrap protects your skin against free radicals and helps repair aging and sun-damaged skin.



# Packages and The Best Treatments

Take a brief respite from reality and indulge in an Escape spa package. Whether you choose to spend it individually or accompanied, we promise that you will emerge transformed.

#### Golden Sensation



2.5 Hrs. / THB 2,600 net

The Golden Sensation is an ancient Thai treatment and therapy that is indulgent and effective. Your experience into the world of luxury will begin with a turmeric and gold body scrub. Relax as this glossy combination will titillate your skin and senses, making you feel cleansed, shiny, and relaxed inside out. Aiming to provide lifestyle improvement and health enhancements through our professionally managed spa service, it will rejuvenate and de-stress our guests. After two and half hours of honey and gold, lymphatic massage, and full facial transformative skin care treatment you will feel awakened, balanced and rested. You will reconnect with yourself by experiencing calmness during this unique spa journey of total bliss.

Gold body scrub	30 min
Gold massage	60 min
Gold facial	60 min

## Exotic Thai Package



2.5 Hrs. / THB 2,500 net

Combining over 100 years of experience in different modalities, the therapy team at Escape spa created a unique journey that includes an herbal steam in order to gently prepare your skin for an astonishing hot herbal compress, the ultimate way to relax your muscles. You will conclude this exotic moment with a foot massage to relax the feet while healing the whole body.

Herbal steam	30 min
Thai massage with compress	90 min
Foot massage	30 min

#### Green Tea Package



2.5 Hrs. / THB 2,600net

The benefit of the organic Green Tea Detox Experience is one that will leave your body deeply stimulated and toned. You will undoubtedly feel totally relieved of stress and tension and fulfilled with a sense of lightness and wellbeing.

Green tea body scrub	30 min
Massage	60 min
Facial	60 min

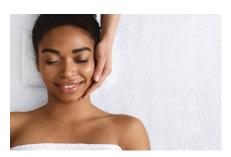






# Packages and The Best Treatments

## Splendor Package



3.5 Hrs. / THB 3,800net

Wash away tension and activate the body's restorative powers. This breakthrough package is dedicated to make you shine like the star you are meant to be! The treatment begins with a relaxing herbal steam and will be follow up by the body scrub of your choice. Next you will have the occasion to stimulate your body's senses with a body wrap of your choice. Following this cocooning moment, you will experience the massage of your choice to completely state of relaxation you were looking for your journey ends with a Guinot facial

Herbal steam	30	min
Body scrub	30	$\min$
Body wrap	30	$\min$
Massage	60	$\min$
Guinot facial	60	min

#### Honeymoon Package



3.5 Hrs. / THB 3,500 net

Enjoy three hours and half of pure bliss with our Honeymoon experience. Succumb to a quality time in a romantic Jacuzzi bath of rose petals and milk. Continue your journey with a rose scrub to lovely exfoliate your skin and relax side-by-side with our aroma massage. This memorable moment will finally end with a Guinot facial indulgence leaving you refreshed and energized. During your treatment you will have the pleasure to have a private time and enjoy the flavors of our tea set. After two and half hours of honey and gold, lymphatic massage, and full facial transformative skin care treatment you will feel awakened, balanced and rested. You will reconnect with yourself by experiencing calmness during this unique spa journey of total bliss.

Jacuzzi milk bath	30 min
Body scrub	60 min
Massage	60 min
Guinot facial	60 min



# Packages and The Best Treatments

### Lavender Package



2.5 Hrs. / THB 2,600 net

The relaxing properties of lavender are not to be proven anymore. Directly applied on the skin, it will not only bring you into a deep state of relaxation but will also reduce itching, swelling and redness of your skin with its natural anti-inflammatory. A lavender scrub will be followed by a massage with lavender oil and facial using natural lavender to enjoy all the benefits of the purple flower.

Lavender body scrub	30 min
Massage	60 min
Facial	60 min

#### After Sun Package



2.5 Hrs. / THB 2,600net

A package especially made for the ones on a combination of cucumber, aloe vera and honey to chase away all traces of sunburns and promote the healing of your skin. A body wrap will be followed by a soft massage to gently let the natural products work their magic. The journey will be completed with a facial to take away the fiery sensation and take advantage of the cooling benefits of the aloe yera.

After sur	n body wrap	30	min
After su	n massage	60	min
After su	n facial	60	min

#### Just For Him



2 Hrs / THB 2,400 net

We know that men enjoy their time at the spa and that is why we tailored a package for them, to simply unwind and recharge. The treatment starts with a relaxing herbal steam to prepare your skin for the following sport massage, the real cure for muscular tensions and spasms due to athletic activities stress or overwork. Your journey will end with a deep facial cleaning or a pedicure.

Herbal steam	30 min
Sport massages	60 min
Pedicure	30 min







# Facial Treatment and Anti-aging

#### Thai Herbal Facial



60 mins. / THB 1,200net

A truly exotic Asian theme nourishing and pampering your facial skin. Your skin is deeply stimulated, firmed up and densified. The combination of a facial massage and legendary herbs will stimulate your blood circulation and irradiate you with their energetic properties.

#### Guinot Facial Treatment



60 mins. / THB 1,400net

The ideal introduction to Guinot treatments; offering a hands-on treatment that gently cleanses tones and exfoliates with a combination of aloe vera, ginseng extract, almond and fruit extracts, followed by a delightful collagen massage cream, selected mask for eyes and face according to skin type to leave the skin smooth and luminous. End with Eye Cream and Face Moisturizing Cream according to skin type.

We have for all skin types for your selection. More Beautiful and more Hydrated Skin

More beautiful and more comfortable skin

More Clean and balanced skin More serene and beautiful skin

#### Guinot Facial For Men



60 mins. / THB 1,400net

Ideal to eliminate impurities, dead cell that make a dull the complexion, this treatment will cleanse and freshen while brightening the skin.



# Facial Treatment and Anti-aging

## Super Hydradermie Face, Neck and Eye Treatment



90 mins. / THB 2,500net

A three-in-one facial treatment to cleanse, nourish, and rejuvenate, whilst alleviating the fine lines and wrinkles around the eyes.

## Super Hydradermie Bust



60 mins. / THB 1,600net

A revolutionary treatment that revitalizes, firms, and moisturizes the most delicate areas through an extraordinary activation system that increase the absorption of skin care ingredients.

## Hydradermie Facial Treatment



75 mins. / THB 1,800net

Through the application of galvanic current to remove dirt and grime from the deep layers of skin and iontophoresis to induce hydrating gels, this deep cleansing facial speeds up cellular renewal and is suitable for the following skin types.

- Normal Dry
- $\bullet$  Combination only
- Sensitive
- Aging
- Whitening







# Salon Treatment

Manicure	500
Manicure With Paraffin	650
Pedicure	600
Pedicure With Paraffin	750
Manicure Gel Polish / Pedicure 75	0 - 850
Remove Gel	350

# Depilatory

Lip	250
Eyebrow	300
Underarms	600
Arm	900
Bikini	1,200
Half leg	1,000
Full leg	1,300
Back	1,500

# Baths

### Extra Indulgences

Thai Herbal Steam	30 min	500 net
Floral Bath	30 min	500 net



# Spa Terms & Conditions

#### **Appointment**

To make an appointment you can call our spa directly on number 538 for in house guest call (+ 66 77 )300500-10 ext. 538

We suggest making appoints in advance however event at the last minute we will try our best to accommodate you.

A credit number is request at the time of booking non resident guest

#### Cancellation

If you need to cancel reservation or reschedule one, we require 4 hours norites for individual appointments. Cancelling or changing appointment for group of three or more request 24hes notices.

#### Check - in

Please arriver 10 minutes ahead of your schedule reservation, the allow time for a leisurely check – in A change of cloths and a moment to relax into the experience awaits you.

To keep the serenity of the spa, we ask that you turn off your cellular phone arrival, please present gift certificate and promotion coupons at the spa check in center, during this time we will provide an herbal drink and cold towel.

#### No show

Will incur a 50% change of the treatment for which you booked.

#### Late arrival

Reduction in the treatment time No refund is accounted for in lost time.

- We kindly request that all guest keep notices in a minimum cellular phones and electronic devices are discouraged.
- Guest who has high blood pressure, heart condition, ate pregnant or have any other medicine complication are advised to consult their doctor before signing up for any spa service please highlight your medical condition to the spa manager.
- $\bullet$  Smoking are consumption of alcohol within the spa is prohibited.

#### Spa Tips

- Advance reservation is recommended.
- Please arrival at the spa reception approximately 10 mines before the treatment time.
- Wear whatever you feel comfortable in, bathrobe and slipper are provided for you.
- Arriving late will limit the time of your treatment.
- In case of no show or the treatment not canceled 4 hours in advance a 50% charge will be collected.
- · Kindly refer from smoking and using your mobile phone within the spa facility.



